

INFORMATION FOR DAY SURGERY

Welcome to Specialist Surgicentre, the only standalone private Day Hospital in Geelong. We are registered with the Department of Health and Human Services with full accreditation to ISO 9001:2015 and NSQHS.

We are fully compliant with all the legislative requirements for a patient in a health facility in Victoria. You will be admitted, receive your treatment and be discharged on the same day to convalesce at your own home. This reduces your exposure to hospital acquired infections. You will need to be accompanied by a carer, (guardian or friend) from hospital to home, and it is the expectation of the Specialist Surgicentre that a competent adult will stay with you overnight following discharge. All carers are to be available to the hospital once patient admission is complete. Carers will be contacted within 2 hours to discuss your discharge.

We will ensure your privacy and safety is maintained. All patients are escorted throughout their journey in our hospital.

Preparing for Day of Surgery

You will receive a preadmission phone call prior to your day of admission to prepare you for surgery. If you do not receive a call by the day prior to surgery, please contact us on T: 1300 457 270 to discuss your arrival time, fasting times and discharge care.

- You **MUST** have a responsible adult take you home and stay overnight to manage your care. You **MUST** be accompanied once discharged from our hospital. You **MUST** not drive nor walk yourself home. You can travel home by taxi/uber but **MUST** have a carer to accompany you. **NOT** bus or train.
- Continue current medications unless advised otherwise
- Ladies, if there is the possibility that you are pregnant, elective surgery should be deferred for the first three months.

If your surgeon has ordered you prescription medications for after your procedure, please have them with you at admission

Fasting – if there is food or drink in your stomach during and immediately after the anaesthetic, it can be very dangerous.

FASTING: STOP: Food (6) hours prior to admission. You may continue to drink water or clear fluids until (2) hours before admission.

Day of Surgery Admission – Please provide contact details of persons responsible for you upon discharge.

Please bring the following:

List of Current medications. Bring surgeon prescribed medications.
Personal details including Medicare card, Health Insurance details, Veterans Affairs and Pharmaceutical entitlements (if applicable).
Relevant recent X-rays/pathology.
You **MUST** wear appropriate footwear (thongs and high heels are not permitted).

On the day of admission:

Arrive on the day as per your time of admission instructions. The wait time varies as per the hospital requirements
All anaesthesia patients to ensure you are fasted as per instructions.
Do **NOT** wear make-up, fake lashes or nail treatments and polish.
Mobile phones are **NOT** permitted to be used and must be switched off. Please do not wear jewellery or bring valuables.

Anaesthesia

your anaesthetist will discuss the appropriate anaesthetic. Immediately before the operation, you will be taken to the procedure room to have the anaesthetic. The type of anaesthetic depends on the type of surgery, your health and to some extent, your preference. It may include:

General / Sedation anaesthesia – in the procedure room, your anaesthetist administers the anaesthetic (usually with an injection into a vein in the back of the hand) to render you unconscious. Remember, your anaesthetist will be dressed in theatre uniform and not ordinary clothes, so they may be hard to recognise. Your anaesthetist is responsible for constantly watching over your breathing, pulse and blood pressure during your operation.

Local anaesthesia – is generally reserved for small and simple procedures. For example, you may have an injection of local anaesthetic into the skin around a cut before it is stitched. Only the immediate area surrounding the injection is numbed.

Recovery from Anaesthesia The major effects of your anaesthetic or sedation wear off very quickly, however minor effects on memory, balance and muscle function may persist for some hours. These effects vary from person to person and are not individually predictable.

Fees and Payments (can be made by cash, credit card, EFTPOS, direct transfer into our bank account.

If you are a member of a health fund it is important to your admission to check with them regarding the following:

- If you have been a member of your Health Fund for less than 12 months your fund may not accept liability for the costs of this admission. If there is a question regarding pre-existing symptoms, your health fund has the option to obtain details in this regard from your GP or specialist.
- If the procedure you are having is restricted or excluded from your cover, the health fund will not cover your procedure or accommodation.
- Your level of Health Fund Cover adequately covers the cost of the procedure and accommodation outlined in the Fee Estimation Form.

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- BUPA members, please note, BUPA does NOT have a contract with this hospital. Please check with them prior to admission.
- If an excess or co-payment is payable for this admission.
- Pharmacy, Pathology and Medical Imaging may attract an additional charge.

Informed Financial Consent: (If applicable)

All patients who have any out of pocket expenses (such as excess or co-payments etc) will be contacted via phone at least one day prior to admission to be informed of the amount payable prior to admission. On admission, all patients receive an "Informed Financial Consent" form which outlines the costs associated with your admission.

Uninsured Patients

Full payment must be paid prior to or at your admission. Other costs which may be incurred during your stay are payable on discharge or at an agreed time.

Veteran Affairs Patients

The hospital will lodge a claim on your behalf. Any additional costs incurred as a result of your surgery, are payable prior to discharge.

Patient/Carer Involvement

We take a holistic approach to your patient journey from preadmission to discharge. We encourage family/carer involvement in all aspects of your care. Bedside handover of your care occurs between nurses and medical staff at changeover of personnel. We encourage your involvement and that of your partner/family/carer at these times.

Medication Safety

Please provide your nurse with any information for medicines (or prescriptions of these) that you have been prescribed. The nurse will ensure all these medicines are documented in your medical record.

Infection Control

The hospital is committed to providing all our patients with the highest quality of care by preventing the spread of infection. Hand hygiene, environmental cleaning the use of aseptic non touch technique ensuring sterility and management.

Recognising and responding to patient deterioration

Specialist Surgicentre has policies and procedures to follow. In the event of any patient deterioration in condition our team of experienced and qualified staff will respond quickly once an emergency call is made.

Communicating for Safety

Communicating for safety occurs when your care is transferred between healthcare providers. This occurs through identifying who you are at all times of transfer commencing at arrival to the hospital and ending at your discharge and handover of care to your carer.

Private Health Patients

The portion of your estimated hospital account not covered by your health fund e.g. an excess or co-payment, must be paid prior to or on admission. Any additional costs incurred during your stay are payable prior to discharge, e.g. Discharge pharmacy costs and some investigations.

Third Party Patients

Total payments must be paid prior or at admission unless approval for admission has been confirmed.

Workcover Patients

Total payments must be paid prior or at admission unless approval for admission has been confirmed by Workcover.

Medical Treatment Act

If you have appointed an Enduring Power of Attorney and or completed a Refusal of Treatment Certificate, please bring forms with you and inform the nurse on your admission. NB: Power of Attorney will need to be present during signing of any documents, including consent form on day of surgery.

Comprehensive Care

Comprehensive Care aims to individualise your care, so you receive comprehensive health care that meets your needs and considers the impact of your health issues on your life and wellbeing. It aims to ensure that risks of harm for you during your episode of care with us, are prevented.

- Blood Clot Prevention is assessed and risks are managed.
- Pressure Injury Prevention please tell staff if you have any tenderness, or soreness over a bony area or if you notice any reddened, blistered or broken skin.
- Falls Prevention, patients are escorted throughout their full journey in hospital. Wear appropriate shoes. No thongs.
- Cognitive Impairment/Delirium – safe care is delivered based on the information provided by patients, carer and families. Partnering with you and your carers will ensure safe and quality care.

Discharge

You will receive instructions with a discharge summary. These instructions provide the information about routine care required following your procedure. Please clarify any concerns or questions before you leave. Your discharge summary includes all the safety risks to avoid, following your anaesthetic.